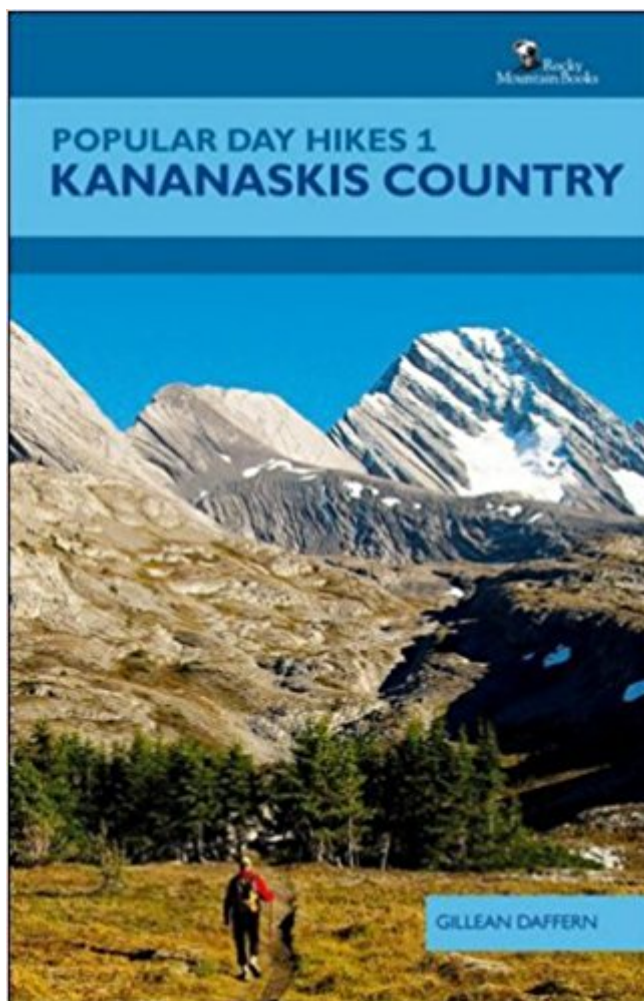


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Popular Day Hikes 1: Kananaskis Country (No. 1)



Synopsis

Popular Day Hikes is a series of books written for visitors and locals looking to hike scenic trails from well-established staging areas. These factual, attractive guides feature detailed maps and colour photographs to whet the appetite. Kananaskis Country covers 35 popular day hikes in this mountainous recreation area west of Calgary. Alberta's favourite destination of outdoor enthusiasts, Kananaskis Country offers a wide range of choices, from easy, short day walks to ridgewalks with a pitch or two of easy scrambling. There is something here for everyone.

Book Information

Series: Popular Day Hikes

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Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #1,750,781 in Books (See Top 100 in Books) #50 in [Books > Travel > Canada > Provinces > Alberta](#) #877 in [Books > Travel > Canada > General](#) #4296 in [Books > Sports & Outdoors > Hiking & Camping > Excursion Guides](#)

Customer Reviews

Gilleen Daffern has been writing and publishing bestselling trail guides to Kananaskis Country for over 30 years, ever since the dawn of K Country in 1978. She was exploring the area well before then, too, so she knows it intimately and in every season of the year. She also travels to mountain areas outside of Kananaskis Country, and in particular enjoys visiting countries off the beaten tourist path. Gilleen is the founder of Rocky Mountain Books and, along with her husband, Tony Daffern, was awarded the Banff Mountain Festivals Summit of Excellence Award in 2006.

K country is a hiking paradise and this seems to be THE guide to day hikes. Clear maps and descriptions. These seem to be excerpts from a larger book which other serious and regular hikers we met had in their possession.

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